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Drug NDC: 68462-0637-29
Drug Name: L-NORGESTREL/ETH EST

What is this medicine?

ETHINYL ESTRADIOL; LEVONORGESTREL (ETH in il es tra DYE ole; LEE voh nor jes trel) is an oral contraceptive. It combines two types of female hormones, an estrogen and a progestin. They are used to prevent ovulation and pregnancy.

This medicine may be used for other purposes; ask your health care provider or pharmacist if you have questions.

How should I use this medicine?

Take this medicine by mouth. To reduce nausea, this medicine may be taken with food. Follow the directions on the prescription label. Take this medicine at the same time each day and in the order directed on the package. Do not take your medicine more often than directed.
 Contact your pediatrician regarding the use of this medicine in children. Special care may be needed. This medicine has been used in female children who have started having menstrual periods.
 A patient package insert for the product will be given with each prescription and refill. Read this sheet carefully each time. The sheet may change frequently.

Overdosage: If you think you have taken too much of this medicine contact a poison control center or emergency room at once.
NOTE: This medicine is only for you. Do not share this medicine with others.

Where should I keep my medicine?

Keep out of the reach of children.
 Store at room temperature between 15 and 30 degrees C (59 and 86 degrees F). Throw away any unused medicine after the expiration date.

NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.

What should I tell my health care provider before I take this medicine?

They need to know if you have or ever had any of these conditions:
 abnormal vaginal bleeding
 blood vessel disease or blood clots
 breast, cervical, endometrial, ovarian, liver, or uterine cancer
 diabetes
 gallbladder disease
 heart disease or recent heart attack
 high blood pressure
 high cholesterol
 kidney disease
 liver disease
 migraine headaches
 stroke
 systemic lupus erythematosus (SLE)
 tobacco smoker
 an unusual or allergic reaction to estrogens, progestins, other medicines, foods, dyes, or preservatives
 pregnant or trying to get pregnant
 breast-feeding

What if I miss a dose?

If you miss a dose, refer to the patient information sheet you received with your medicine for direction. If you miss more than one pill, this medicine may not be as effective and you may need to use another form of birth control.

What should I watch for while using this medicine?

Visit your doctor or health care professional for regular checks on your progress. You will need a regular breast and pelvic exam and Pap smear while on this medicine.
 Use an additional method of contraception during the first cycle that you take these tablets.
 If you have any reason to think you are pregnant, stop taking this medicine right away and contact your doctor or health care professional.
 If you are taking this medicine for hormone related problems, it may take several cycles of use to see improvement in your condition.
 Smoking increases the risk of getting a blood clot or having a stroke while you are taking birth control pills, especially if you are more than 35 years old. You are strongly advised not to smoke.
 This medicine can make your body retain fluid, making your fingers, hands, or ankles swell. Your blood pressure can go up. Contact your doctor or health care professional if you feel you are retaining fluid.
 This medicine can make you more sensitive to the sun. Keep out of the sun. If you cannot avoid being in the sun, wear protective clothing and use sunscreen. Do not use sun lamps or tanning beds/booths.
 If you wear contact lenses and notice visual changes, or if the lenses begin to feel uncomfortable, consult your eye care specialist.
 In some women, tenderness, swelling, or minor bleeding of the gums may occur. Notify your dentist if this happens. Brushing and flossing your teeth regularly may help limit this. See your dentist regularly and inform your dentist of the medicines you are taking.
 If you are going to have elective surgery, you may need to stop taking this medicine before the surgery. Consult your health care professional for advice.
 This medicine does not protect you against HIV infection (AIDS) or any other sexually transmitted diseases.

What side effects may I notice from receiving this medicine?

Side effects that you should report to your doctor or health care professional as soon as possible:
 breast tissue changes or discharge
 changes in vaginal bleeding during your period or between your periods
 chest pain
 coughing up blood
 dizziness or fainting spells
 headaches or migraines
 leg, arm or groin pain
 severe or sudden headaches
 stomach pain (severe)
 sudden shortness of breath
 sudden loss of coordination, especially on one side of the body
 speech problems
 symptoms of vaginal infection like itching, irritation or unusual discharge
 tenderness in the upper abdomen
 vomiting
 weakness or numbness in the arms or legs, especially on one side of the body
 yellowing of the eyes or skin
 Side effects that usually do not require medical attention (report to your doctor or health care professional if they continue or are bothersome):
 breakthrough bleeding and spotting that continues beyond the 3 initial cycles of pills
 breast tenderness
 mood changes, anxiety, depression, frustration, anger, or emotional outbursts
 increased sensitivity to sun or ultraviolet light
 nausea
 skin rash, acne, or brown spots on the skin
 weight gain (slight)

This list may not describe all possible side effects. Call your doctor for medical advice about side effects.
You may report side effects to FDA at 1-800-FDA-1088.

What may interact with this medicine?

Do not take this medicine with the following medication:
 dasabuvir; ombitasvir; paritaprevir; ritonavir
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 This medicine may also interact with the following medications:
 acetaminophen
 antibiotics or medicines for infections, especially rifampin, rifabutin, rifapentine, and griseofulvin, and possibly penicillins or tetracyclines
 aprepitant
 ascorbic acid (vitamin C)
 atorvastatin
 barbiturate medicines, such as phenobarbital
 bosentan
 carbamazepine
 caffeine
 clofibrate
 cyclosporine
 dantrolene
 doxercalciferol
 felbamate
 grapefruit juice
 hydrocortisone
 medicines for anxiety or sleeping problems, such as diazepam or temazepam
 medicines for diabetes, including pioglitazone
 mineral oil
 modafinil
 mycophenolate
 nefazodone
 oxcarbazepine
 phenytoin
 prednisolone
 ritonavir or other medicines for HIV infection or AIDS
 rosuvastatin
 selegiline
 soy isoflavones supplements
 St. John's wort
 tamoxifen or raloxifene
 theophylline
 thyroid hormones
 topiramate
 warfarin

This list may not describe all possible interactions. Give your health care provider a list of all the medicines, herbs, non-prescription drugs, or dietary supplements you use. Also tell them if you smoke, drink alcohol, or use illegal drugs. Some items may interact with your medicine.